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**CITY OF DETROIT HEALTH DEPARTMENT  
BUREAU OF SUBSTANCE ABUSE  
EXPANSION AND ENHANCEMENT OF AN  
INTEGRATED TREATMENT MODEL  
DETROIT, MICHIGAN  
TI12403**

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## PROJECT DESCRIPTION

**Cluster Group Affiliation**—Co-Occurring and Other Functional Disorders

**Congressional Districts Served**—Michigan 1st, 13th

**Purpose, Goals, and Objectives**—The purpose of this project is to expand and enhance the substance abuse treatment services of the Personalized Nursing LIGHT House, Inc./Detroit LIGHT House Program (PLNH). The planned enhancement will provide specialized services for substance abusers suffering from one or more other illnesses. Specially trained staff will provide coordination among service providers and guidance to patients in dealing with the multiple treatment plans they are confronted with.

**Target Population/Geographic Service Area**—The target population of this expansion project is substance-abusing men and women who reside in Detroit, Michigan, and have co-occurring communicable diseases. The program will focus on the communicable diseases often associated with substance abuse: HIV/AIDS, STDs, hepatitis, and TB.

**Theoretical Model**—The LIGHT model focuses on improving client well-being and reducing the effects of substance abuse by empowering the client to use his or her own strengths. The model calls for intensive counseling and development of a sense of community.

**Service Providers**—The principal grantee, the City of Detroit Health Department, Bureau of Substance Abuse, will be responsible for fiscal and administrative management of the project. PLNH will be the principal provider of treatment and related services to clients.

**Services Provided**—The expansion project will be implemented in the context of the existing 90-day intensive substance abuse outpatient treatment program offered by PLNH. The existing program offers intensive counseling and adjunct housing. Components of the basic program include intake assessment, personalized treatment planning, interdisciplinary review, and discharge and aftercare planning. Additional support services are transportation, meals, and on-site drug testing. The expansion will add professional staff who will assist clients with co-occurring disorders in finding appropriate treatment for their nonsubstance abuse-related disorders, accompany them to treatment, and assist them in complying with the various treatment regimens prescribed.

**Number of Persons Served**—The project will add 12 specialized treatment slots to the existing PLNH treatment capacity. This will result in comprehensive treatment for 78 clients during the three years of project funding.

**Desired Project Outputs**—The project is expected to “provide and ensure effective treatment for clients with substance abuse and co-occurring communicable diseases, decrease their addiction severity, facilitate medical case management, and improve client well-being.”

**Consumer Involvement**—The idea for this proposal was derived from a consumers focus group held at PLNH on March 14, 2000. Consumers will have an ongoing advisory role with respect to this project.

## EVALUATION

**Strategy and Design**—Evaluation efforts will focus on fidelity of implementation (process) and on project

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impact (outcomes). Both efforts will be framed in terms of stated project objectives (see above).

**Evaluation Goals/Desired Results**—Goals of evaluation include determining the degree to which the project provides the prescribed treatment, decreases addiction severity/maintains sobriety, links clients with appropriate medical and psychiatric services, and improves clients' well-being.

**Evaluation Questions and Variables**—Evaluation questions are couched in terms of treatment retention and completion, percentage of occupancy, increases in well-being scores, and completion of medical case management tasks.

**Instruments and Data Management**—The only data collection instrument mentioned, other than chart reviews and client satisfaction scales, is the Addiction Severity Index, which will serve as the principal client data collection instrument. It is not clear how the project will integrate Government Performance and Results Act (GPRA) questions into the evaluation plan or how GPRA reporting requirements will be met.

#### **APPROVED FUNDING LEVEL**

01: \$499,917                      02: \_\_\_\_\_                      03: \_\_\_\_\_

**Funding Start Date** 9/00

**Funding End Date** 9/03